

Title: Health

Policy Statement:

The Board of Trinity Christian School Association is committed to ensuring the health and physical wellbeing of students in its care.

Approved: Lynn Gullackson
(Chair of the Board)

May 2016
(Date)

First Approval Date: May 2016

To Be Reviewed: May 2020

Review and Amendment Date(s):

Stakeholders Consulted (Date): April 17, 2018

Reference to Documents

Public Health Act Sections 22(1) and 26

Alberta Regulation 238/85 *Public Health Act Communicable Diseases Regulation*
Schedule 1 (Notifiable Communicable Diseases)

Definitions

Communicable disease means an illness in humans that is caused by an organism or microorganism or its toxic products and is transmitted directly or indirectly from an infected person or animal or the environment.

Notifiable disease is any communicable disease listed in Schedule 1 or 2 of the *Public Health Act Communicable Diseases Regulation 238/85* and any communicable disease in epidemic form. Notifiable diseases are reportable.

Medical Officer of Health means a physician appointed by a regional health authority or designated by the Minister under the *Public Health Act* as a medical officer of health, and includes the Chief Medical Officer and the Deputy Chief Medical Officer.

Principal means a principal as defined in the *School Act*, a superintendent or designee in respect to fulfilling obligations under section 113 of the *School Act*.

A. In-School Health Policy

1. Communicable Childhood Diseases

- a. Where a staff member has reason to believe that a student or staff member is infected with a notifiable communicable disease, the procedures listed in *C. Communicable Disease Notification Protocol* must be observed.
- b. Parents must ensure that their child's vaccinations are up to date.

- c. Upon having any of the following diseases the child should return to school only with the express written consent of their physician or the health unit:
 - i. Chicken pox
 - ii. Measles
 - iii. Mumps
 - iv. Pneumonia
 - v. Whooping Cough
 - vi. Pinworms
 - vii. Scabies
 - viii. Ringworm
 - ix. Impetigo
 - x. Conjunctivitis (Pink eye)
2. Medical Appointments
 - a. If a student must leave for a medical appointment, a request must be made by the parent/guardian in person or in writing in advance.
 - b. No student will be released to anyone other than those authorized in writing by the parent/guardian.
3. Medication Policy for Non-Prescription Drugs
 - a. Students may not bring medication to school unless it is deemed absolutely necessary by their parent/guardian.
 - b. If a student must bring a non-prescribed medication to school, i.e. Ibuprofen or an antihistamine, they may only bring an appropriate dosage for one school day.
 - c. No student may at any time give medication to another student. Should such an incident occur then appropriate disciplinary action will be taken.
4. Medication Policy for Prescribed Drugs
 - a. Prescribed medication to be given on a regular basis, (i.e. Ritalin) shall be kept in a secure place in the Principal's office.
 - b. The classroom instructor will be informed of the dosage and time of administration.
5. Emergency Medical Procedure
 - a. All students Alberta Health Care numbers and an emergency contact phone number must be kept in the school office. In the case of serious injury or illness, this information will be used if a parent/guardian cannot be contacted.
 - b. In the case of a sudden serious illness where immediate medical attention is not required, the student's parent or guardian will be contacted and requested to come and pick up the student. In no case are students allowed to return home by themselves, unless it is demonstrably proven that someone capable of handling the situation is waiting for them there.
 - c. In the case of a sudden minor illness a student may be cared for in a room at the school set aside for that purpose.
6. First Aid Procedures
 - a. First aid treatment will be immediately administered to stop bleeding, restore breathing, or prevent shock or infection.

- b. The situation will be assessed and the parents or guardians notified as necessary.
 - c. In the case of a major sudden illness or trauma first aid staff member will stay with the student until a parent or medical first responder assumes responsibility.
- 7. Prevention of the Spread of Disease
 - a. Parents are requested to keep their child at home if they are suffering from colds or influenza, or other communicable diseases, in order to prevent the spread of disease.
 - b. Students will be taught the recommend procedures of ensuring sanitation and cleanliness as to keep the transmission of disease to a minimum.

B. Home Schooling Health Policy

1. In a home schooling situation parents/guardians are the teachers and the home is the classroom. Home schooling parents/guardians should follow the procedures recommended for parents by their local health unit.

C. Communicable Disease Notification Protocol

1. Where a staff member has reason to believe that a student or staff member is infected with a notifiable communicable disease as defined by the Sections 22(1) and 26 of the Public Health Act, he/she must immediately notify the Principal or designate. The Principal or designated shall notify the Medical Officer of Health of the Lakeland Region Health Authority.